



SALAD

QUINOA CRANBERRY SALAD ^{*New} 8 3/4

Quinoa salad with mixed greens, cranberries, balsamic vinegar dressing.

TRI-CHICK PEA SALAD ^{*New} 8 3/4

Tri chickpea salad with mixed greens, balsamic vinegar dressing.

GRILLED CHICKEN SALAD ^{*New} 10 3/4

Baby spinach, mushroom, strawberries, blueberries, roasted almonds, w/o chicken. 8 3/4

BEFORE DESSERT

CHICKEN PESTO FLATBREAD ^{*New} 15 3/4

13" Flat bread, marinated chicken breast, cherry tomatoes, green onions, cheese, balsamic reduction. w/o chicken 13 1/4

MEDITERRANEAN FLATBREAD ^{*New} 15 3/4

13" Flat bread, marinated chicken breast, za'atar, fete cheese, cherry tomatoes, tahini. w/o chicken 13 1/4

SZECHUAN LETTUCE WRAPS ^{*New} 15 3/4

Marinated chicken, mixed nuts, szechuan chilli cauce, lettuce cups and chipotle cauce.

POTATO POTATOES 5 3/4

Our famous home fries with two dips.

SIGNATURE SOUP 8 3/4

Toasted bread bowl, served side cheese and homemade croutons. please ask your server for available options.

SANDWICHES

CLUB SANDWICH ^{*Popular} 17 1/2

Three layers of toast with grilled chicken, tomato, lettuce, pickles with your choice of avocado or boiled egg. served with home fries & fresh greens.

SAY YOU LOVE ME 16 1/2

Grilled chicken breast, avocado, grilled pineapple, roasted pepper, lettuce, pickles, tomatoes, chipotle sauce, ciabatta bun. served with home fries & fresh greens or coleslaw.

FRANKENSTEIN ^{*New} 17 1/4

6 oz Premium beef burger, havarti cheese, shredded lettuce and chipotle sauce on a french brioche bun. served with home fries & coleslaw.

BEYOND MEAT® ^{*New *Vegetarian} 15 1/2

Beyond Meat veggie pattie, lettuce, tomatoes, pickles, onions, cheese, chipotle sauce on a french brioche bun served with home fries & coleslaw.

SAVOURY CREPES

Fresh lettuce, tomato, and green pepper with your choice of protein. served with home fries & coleslaw.

EVER GREEN ^{*Vegetarian} 14 1/2

Vegetarian fresh baby spinach, mushrooms, tomato, green peppers, roasted red peppers, and black olives

MONTREAL STYLE 16 1/2

Roast beef, cheese & dijon mustard.

SOUTH OF THE BORDER 16 1/2

Grilled chicken breast & chipotle.

SILICON OASIS 16 1/2

Smoke turkey & chipotle.

WAFFLE SANDWICHES

Toasted waffles, lettuce, tomato, pickles, and onions, with your choice of protein. served with home fries & coleslaw.

WAFFLE BURGER 16 1/4

Two juicy beef burger patties.

WAFFLE TAOUKE 16 1/4

Grilled chicken breast & chipotle.

WAFFLE ROAST BEEF 16 1/4

Roast beef, cheese & dijon mustard.

WAFFLE SMOKE TURKEY 16 1/4

Smoked turkey & cranberry mayo.

HOUSE SPECIALTIES

TORPITA WRAP 16 3/4

Choice of marinated grilled chicken breast or mixed veggie. toppings: cheese, tomatoes, green peppers, and onions. served with home fries and choice of coleslaw or mixed greens. choice of wrap: white classic, green spinach, red tomato basil.

7TH HEAVEN ^{*Popular *Vegetarian} 13 1/4

7 Layers of tortilla, fava beans, avocado, onions, tomato, green peppers, roasted red peppers, pickles, loads of cheese, pickles and hot peppers.

CHEESE BREAD IN A BOX 13 1/4

Toasted italian bread with mozzarella cheese, cheddar cheese, tomatoes, black olives, green olives, green peppers, zaatar and olive oil.

In order to provide you with top quality food, please give us up to 25 minutes to prepare your order